



Ministry of Tourism  
and Sports of the  
Republic of Uzbekistan



National Olympic  
Committee of the  
Republic of Uzbekistan



Republican higher professional  
school of winter sports and  
complex technical sports.



## 12TH WORLD BODY BUILDING & PHYSIQUE SPORTS CHAMPIONSHIPS, 2021

01ST OCTOBER – 07TH OCTOBER, 2021, TASHKENT, UZBEKISTAN

### TENTATIVE DAILY PROGRAM

#### 01ST OCTOBER, 2021 (FRIDAY)

Arrival of the Executive Committee members of WBPF, all participating teams, officials together with WBPF Standing Sub-Committee members.	
FROM 12.00 PM	Check-in for registration at Hotel Uzbekistan The Executive Committee, VIP's and appointed delegates after the registration will check in at Hotel Ichan Qala
12.00 PM - 02.00 PM	Lunch for all will be served at their respective Hotels on 1ST October 2021.
07.00 PM - 10.00 PM	Dinner for all will be served at their respective Hotels on 1ST October 2021.

#### 02ND OCTOBER, 2021 (SATURDAY)

06.00 AM - 09.00 AM	Breakfast for officials and athletes at the respective Hotels
09.00 AM	The Buses will leave from Hotel Ichan Qala to hotel Uzbekistan for Judges and Team Manager Meeting
09.30 AM - 10.30 AM	Team Managers Meeting at Conference Hall on 1st floor, Hotel Uzbekistan
10.30 AM - 11.30 AM	Judges Meeting at Conference Hall on 1st floor, Hotel Uzbekistan
11.30 PM - 01.30 PM	Buses will leave from Hotel Uzbekistan to Hotel Ichan Qala for Lunch in their respective Hotels.
03.00 PM ONWARDS	WBPF Executive Council Meeting at Baqqol Lounge at Hotel Ichan Qala.
07.00 PM - 10.00 PM	Welcome Dinner for Executive Council and Delegates at Hotel Ichan Qala and for athletes at their respective Hotels

#### 03RD OCTOBER, 2021 (SUNDAY)

06.00 AM - 09.00 AM	Breakfast for officials and athletes at the respective Hotels
09.00 AM - 12.00 PM	WBPF Annual Congress at Baqqol Lounge at Hotel Ichan Qala.
12.00 PM - 02.00 PM	Lunch for all officials and athletes at the respective Hotels
02.00 PM	Buses for delegates will leave from Hotel Ichan Qala to bring them to Hotel Uzbekistan for weigh-in.
03.00 PM ONWARDS	Weigh-in of all Body Weight Categories and Height Measurements and Checking of Age Groups at Conference Hall on 1st floor, Hotel Uzbekistan
07.00 PM - 09.00 PM	Dinner for officials and athletes at the respective Hotels

#### 04TH OCTOBER, 2021 (MONDAY)

06.00 AM - 09.00 AM	Breakfast for the officials and athletes at the respective Hotels
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01ST OCTOBER – 07TH OCTOBER, 2021, TASHKENT, UZBEKISTAN

08.00 AM	Buses from respective Hotels to bring delegates and athletes at the Competition Venue, Humo Arena, Intersection of Afrosiab and Beshagach Street., Tashkent.
09.30 AM	<p>Prejudging &amp; Finals at Humo Arena, Intersection of Afrosiab and Beshagach Street., Tashkent.</p> <ul style="list-style-type: none"> <li>• Men's Junior Bodybuilding up to 75kg, over 75kg (2 categories)</li> <li>• Men's Bodybuilding 55kg, 60kg, 65kg, 70kg (4 categories)</li> <li>• Women's Junior Fitness Physique age not over 21yrs (1 category)</li> <li>• Women's Junior Model Physique age not over 21 yrs (1 category)</li> <li>• Women's Fitness Physique up to 160cm, up to 165cm, over 165cm (3 categories)</li> <li>• Women's Lady Sports Physique age 30 yrs and above (1 category)</li> <li>• Women's Bodybuilding Open categories (1 category)</li> <li>• World Lady Women's Bodybuilding age over 30 yrs (1 category)</li> <li>• Men's Master Bodybuilding 40-49 yrs (weight 80kg and over 80kg), 50-60 yrs (weight 80kg and over 80kg), Over 60 yrs (all Men Master 5 categories)</li> <li>• Men's Fitness Physique up to 170 cm, over 170 cm (2 categories)</li> </ul> <p><b>TOTAL OF 21 EVENTS</b> <i>(Lunch will be provided ONLY at Humo Arena, Intersection of Afrosiab and Beshagach Street., Tashkent. for both Official and Athletes and no Lunch will be provided at any of the Hotels)</i></p>
03.00 PM	Opening Ceremony and Parade
04.00 PM	Final Round & Prize Distribution
07.00 PM - 10.00 PM	Dinner for officials and athletes at the respective Hotels

### 05TH OCTOBER, 2021 (TUESDAY)

06.00 AM - 09.00 AM	Breakfast for the officials and athletes at the respective Hotels
08.00 AM	Buses from respective Hotels to bring delegates and athletes at the Competition Venue, Humo Arena, Intersection of Afrosiab and Beshagach Street., Tashkent.
09.30 AM	<p>Prejudging &amp; Finals at Humo Arena, Intersection of Afrosiab and Beshagach Street., Tashkent.</p> <ul style="list-style-type: none"> <li>• Men's Bodybuilding 75kg, 80kg, 85kg (3 categories)</li> <li>• Women's Model Physique up to 155cm, 160cm, 165cm, (3 categories)</li> <li>• Men's Sport Physique up to 170cm, 175cm, 180cm over 180cm (4 categories)</li> </ul>





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	<ul style="list-style-type: none"> <li>• Women’s Sport Physique up to 165cm and over 165cm (2 categories)</li> <li>• Men’s Athletic Physique up to 160 cm, 167 cm, 175 (3 categories)</li> </ul> <p><b>TOTAL OF 15 EVENTS</b>  <i>(Lunch will be provided ONLY at Humo Arena, Intersection of Afrosiab and Beshagach Street., Tashkent. for both Official and Athletes and no Lunch will be provided at any of the Hotels)</i></p>
03.00 PM	Final Round & Prize Distribution
07.00 PM - 10.00 PM	Dinner for officials and athletes at the respective Hotels

<b>06TH OCTOBER, 2021 (WEDNESDAY)</b>	
06.00 AM - 09.00 AM	Breakfast for the officials and athletes at the respective Hotels
08.00 AM	Buses from respective Hotels to bring delegates and athletes at the Competition Venue, Humo Arena, Intersection of Afrosiab and Beshagach Street., Tashkent.
09.30 AM	<p>Prejudging &amp; Finals at Humo Arena, Intersection of Afrosiab and Beshagach Street., Tashkent.</p> <ul style="list-style-type: none"> <li>• Men’s Bodybuilding 90kg, 100kg, over 100kg (3 categories)</li> <li>• Men’s Athletic Physique up to 182 cm, over 182 cm (2 categories)</li> <li>• Women’s Athletic Physique up to 165 cm, over 165 cm (2 categories)</li> <li>• Women’s Lady Athletic Physique age 30-40 yrs and age over 40 yrs (2 categories)</li> <li>• Women’s Model Physique up to 170cm and over 170cm (2 categories)</li> <li>• World Women’s Lady Model Physique age 30-40 yrs and age over 40 yrs (2 categories)</li> <li>• World Mixed Pairs Championships open (1 category)</li> </ul> <p><b>TOTAL OF 14 EVENTS</b>  <i>(Lunch will be provided ONLY at Humo Arena, Intersection of Afrosiab and Beshagach Street., Tashkent. for both Official and Athletes and no Lunch will be provided at any of the Hotels)</i></p> <p>Prejudging &amp; Finals (continuation)</p> <ul style="list-style-type: none"> <li>• Overall Championship</li> <li>• Men’s Team Championship</li> <li>• Women’s Team Championship</li> </ul>
05.00 PM	Closing Ceremony & Final Prize Distribution





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07.30 PM - 10.00 PM	Farewell Party for all the Athletes, Officials, Delegate & Supporters at Conference Hall on 1st floor, Hotel Uzbekistan
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**07TH OCTOBER, 2021 (THURSDAY)**

06.00 AM - 10.00 AM	Breakfast for officials and athletes at the respective Hotels
12.00 PM	Departure.

**HOTEL ADDRESSES AND CONTACT DETAILS:**

<p><b>:HOTEL UZBEKISTAN:</b> 45, MIRZAMAKHMUD MUSAKHANOV STREET, TASHKENT</p> <p>CONTACT NOS : +998711131111</p>	<p><b>:HOTEL ICHAN QALA:</b> 24, TAFAKKUR ST, TASHKENT</p> <p>CONTACT NOS : +998712319898</p>
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